## Christian Journey into Psychology

PSY-1013 General Psychology

## Course Overview

PSY-1013 General Psychology

**Credit Hours:** 3hrs

#### **Course Description**

A "life-oriented" course including physiological backgrounds of behavior, development, motivation, emotion, intelligence, personality, adjustment and social psychology.

### **Learning Outcomes**

By the end of this course, you will be able to:

- 1. Apply psychological principles for personal growth while facilitating transformational growth in others and organizations.
- 2. Explain the fundamental theories, concepts, and methods that have shaped the field of psychology.
- 3. Identify the pivotal thinkers and transformative ideas that have defined this discipline.
- 4. Analyze the complexities of human behavior, cognition, and emotion.
- 5. Develop a framework for how biblical principles and a Christian worldview can enhance, complement, and sometimes challenge traditional psychological perspectives.
- 6. Articulate how transformational growth takes place along with your approach to helping others grow.

## Instructor Information

Name: Scott Makin

Contact Information: smakin@campusedu.com

## Resources

- Siegel, Daniel J. Cloud, Henry. *Changes That Heal: Four Practical Steps to a Happier, Healthier You*. Grand Rapids: Zondervan, 2018.
- The Developing Mind: How Relationships and the Brain Interact to Shape Who We Are. New York: Guilford, 2020
- Spielman, Rose M; Jenkins, William J.; Lovett, Marilyn D. "Psychology 2e." (2000) Open Access Textbooks. 1.

## Course Outline

MODULE ONE: BASIC CONCEPTS AND FAITH PRINCIPLES			
Title	Туре	Duratio n	Points
Read and Watch	Input	4hrs	
Discussion Forum	Discussion	3hrs	30
Q & A Session	Discussion	1hr	10
Activity	Assignment	3hrs	30
Submission	Assignment	4hrs	40
	Totals	15hrs	110

MODULE TWO: THE NEW PARADIGM OF THE BRAIN				
Title Type Duratio Points n				
Read and Watch	Input	4hrs		
Discussion Forum	Discussion	3hrs	30	
Q & A Session	Discussion	1hr	10	

Activity	Assignment	3hrs	30
Submission	Assignment	4hrs	40
	Totals	15hrs	110

# MODULE THREE: LEARNING, COGNITION, INTELLIGENCE, PERCEPTION, AND CONSCIOUSNESS

Title	Type	Duratio n	Points
Read and Watch	Input	4hrs	
Discussion Forum	Discussion	3hrs	30
Q & A Session	Discussion	1hr	10
Activity	Assignment	3hrs	30
Submission	Assignment	4hrs	40
	Totals	15hrs	110

MODULE FOUR: LIFESPAN DEVELOPMENT			
Title	Туре	Duratio n	Points
Read and Watch	Input	4hrs	-
Discussion Forum	Discussion	3hrs	30
Q & A Session	Discussion	1hr	10
Activity	Assignment	3hrs	30
Submission	Assignment	4hrs	40
	Totals	15hrs	110

MODULE FIVE: PERSONALITY AND INDIVIDUAL DIFFERENCES

Title	Туре	Duratio n	Points
Read and Watch	Input	4hrs	
Discussion Forum	Discussion	3hrs	30
Q & A Session	Discussion	1hr	10
Activity	Assignment	3hrs	30
Submission	Assignment	4hrs	40
	Totals	15hrs	110

MODULE SIX: MALADJUSTMENT AND DYSFUNCTION			
Title	Туре	Duratio n	Points
Read and Watch	Input	4hrs	
Discussion Forum	Discussion	3hrs	30
Q & A Session	Discussion	1hr	10
Activity	Assignment	3hrs	30
Submission	Assignment	4hrs	40
	Totals	15hrs	110

MODULE SEVEN: SOCIAL PSYCHOLOGY			
Title	Туре	Duratio n	Points
Read and Watch	Input	4hrs	
Discussion Forum	Discussion	3hrs	30
Q & A Session	Discussion	1hr	10
Activity	Assignment	3hrs	30
Submission	Assignment	4hrs	40

Tota	ls 15hrs	110
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MODULE EIGHT: TRANSFORMATION AND TREATMENT					
Title	Type Duratio Points n				
Read and Watch	Input	4hrs			
Discussion Forum	Discussion	3hrs	30		
Q & A Session	Discussion	1hr	-		
Final Project	Assignment	3hrs	200		
	Totals	15hrs	230		

## Live Sessions

This course has live meetups for Q & A, typically one hour every module. If you cannot attend, you can recoup the points for the session by watching the recording and submitting a 300-word summary/response. Since these sessions will be audio-visually recorded, those who participate with their camera engaged are agreeing to have their video, image, or voice recorded.

## Grading

Discussion Forums: 240 points Live Q&A Sessions: 70 points Assignments: 490 points Final Project: 200 points

#### **Course Grading Scale**

95-100 A (Excellent) 75-78 C (Satisfactory) 92-94 A- 72-74 C-

89-91 B+ 69-71 D+

85-88 B (Good) 65-68 D (Passing)

82-84 B- 62-64 D-

79-81 C+ Below 62 F (Below Min. Standards)

## Policy/Procedures

The following are the academic policies and procedures for Southwest Baptist University, the university providing academic credit for this course:

#### **ACADEMIC DISHONESTY STATEMENT**

The University maintains a strict policy concerning academic dishonesty, which includes cheating, plagiarism, giving assistance on an examination or paper when expressly forbidden by the instructor, and any other practices which demonstrate a lack of academic integrity. Cheating occurs any time a student uses deception in order to avoid fulfilling the specific requirements of an assignment or course and/or in order to receive a higher grade than he/she might otherwise receive. Using artificial intelligence software (such as ChatGPT) to generate writing and passing it off as one's own is also considered cheating. Plagiarism occurs when a student appropriates passages or ideas from someone else's writing into his/her own without providing proper documentation and/or without using quotation marks to indicate when he/she is directly quoting from a source. It is the responsibility of the student to know and to adhere to principles of academic honesty. A student found guilty of academic dishonesty will be subject to academic sanctions ranging from failure on the assignment to failure in the course to, in cases of repeated or flagrant violation, suspension or dismissal from the University. Records of academic dishonesty cases will be kept in a confidential file with the VP for Student Life. More information concerning this policy can be found on pages 61-63 in the 2023-24 SBU Undergraduate Catalog located at: https://www.sbuniv.edu/ resources/documents/catalog/undergradcatalog-23-24.pdf.

#### **INCOMPLETE GRADE**

A temporary neutral mark "I" is given at the discretion of an instructor when, for a legitimate reason, a student is unable to complete course requirements in a given semester. Typical instances might be absence from a final examination due to illness or inability to complete a term project because of extenuating circumstances. A contract signed by the instructor and the student must accompany this grade to indicate the nature of the work to be completed. An Incomplete Grade (I) may not be used as an alternative to a grade of F. The student is responsible for completing satisfactorily all of the course requirements within 120 days of the posting of the incomplete grade. If the grade is not made up by the deadline, it will be changed to a failing grade (F) on the transcript. More information concerning this policy can be found on pages 54-55 in the 2023-24 SBU

#### Undergraduate Catalog at:

https://www.sbuniv.edu/\_resources/documents/catalog/undergrad-catalog-23-24.pdf.

#### **DISABILITY STATEMENT**

Southwest Baptist University is committed to equal educational opportunities for students with disabilities in accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act as amended (ADA). Students requesting academic accommodations must submit a Disclosure of Disability form (located on the SBU website or directly from the Special Services Coordinator). The Special Services Coordinator will then communicate with the student regarding the process of obtaining academic accommodations. Please note that academic accommodations are not retroactive and require advance notice to implement. For further details, contact the Special Services Coordinator (Office: Success Center; Phone: 417-328-1741; Email: disabilityservices@sbuniv.edu). For additional information visit https://www.sbuniv.edu/academics/academic-resources/disability-services.php

#### **COURSE WITHDRAWAL**

There may be instances when a student considers withdrawing from a course. Information related to withdrawals can be found on pages 59-60 of the 2023-24 SBU Undergraduate Catalog at: <a href="https://www.sbuniv.edu/\_resources/documents/catalog/undergrad-catalog-23-24.pdf">https://www.sbuniv.edu/\_resources/documents/catalog/undergrad-catalog-23-24.pdf</a>.

#### LIBRARY RESOURCES

Library information is available at https://library.sbuniv.edu/

#### **CREDIT HOUR POLICY - EXPECTATION OF WORK**

In compliance with federal regulations (34CFR 600.2), Southwest Baptist University requires all courses in all formats including, but not limited to, traditional classroom courses, online courses, internships, practica, and independent studies require a total workload of at least 2250 minutes per credit hour for the typical student. This workload may be comprised of time allocated to direct faculty-student interaction, assigned readings, independent or group assignments, expected study time, or other course related activities as appropriate to the specific course and determined by the faculty of record.

#### **GRADE APPEALS**

In the case of a grade appeal, the student shall be considered to have an authentic grievance when he/she can demonstrate his/her course grade has been adversely affected due to certain actions by a faculty member. A grade appeal must be initiated within six weeks of the start of the succeeding regular academic semester (fall or spring) from the endo of the course that is being appealed.

More information concerning this policy and the steps for resolution can be found on pages 63-64 in the 2023-24 SBU Undergraduate Catalog at: https://www.sbuniv.edu/\_resources/documents/catalog/undergrad-catalog-23-24.pdf

#### **UNIVERSITY DIRECTORY**

https://www.sbuniv.edu/about/employee-directory/

#### **CAMPUS EDU PRIVACY POLICY**

https://www.campusedu.com/privacy-policy